



# *Reflexology*

Reflexology rests on the ancient Chinese belief of vital energy. Natural healing of the body that promotes relaxation, energy balanced and disease free. Working in different points of the body using pressure points that unblocks energy. Reflexology helps to reduce stress and anxiety, reduce pain, boosts immune system, helps with digestive problems, etc.

Please enquire in advance that this treatment is available to avoid disappointment as spaces are limited.

- Treatment Duration: 50min

# €90

per person