



Newpark Hotel

KILKENNY

With **escape** Health Club & Spa

MEMBERSHIP PRICELIST

| TYPE | 1 YEAR | 6 MONTHS | FIRST DD PAYMENT | DD MONTHLY |
|------------------|-----------|----------|------------------|------------|
| SINGLE | €580.00 | €370.00 | €100.00 | €50.00 |
| COUPLE | €1,045.00 | €710.00 | €180.00 | €90.00 |
| FAMILY | €1,300.00 | €735.00 | €224.00 | €112.00 |
| OVER 55'S | €420.00 | €260.00 | €70.00 | €35.00 |
| OVER 55'S COUPLE | €800.00 | €500.00 | €138.00 | €69.00 |
| ADDITIONAL CHILD | €220.00 | €160.00 | €38.00 | €19.00 |
| 3 MONTHS | €225.00 | | | |

MEMBERSHIP BENEFITS

- ✓ Complimentary fitness classes
- ✓ Personal fitness program tailored to our needs
- ✓ 25% discount for Jurassic Newpark
- ✓ Exclusive member events throughout the year
- ✓ 20% discount on spa treatments (T&C's Apply)

OPENING HOURS

Monday - Friday
6.30am - 9.30pm

Weekends & Bank Holidays
8am - 8pm

Kids Pool Hours
9.00am - 7.00pm daily

www.newparkhotelkilkenny.com/health-club/

Email: leisure.escape@newparkhotel.com | **Phone:** (056) 776 0504



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JOIN KILKENNY'S PREMIER HEALTH CLUB & SPA

Experience the ultimate in fitness and wellbeing at Escape Health Club & Spa, proudly recognised as a National Quality Standard Awarded Club for 2025.

As a new member, you'll receive a complimentary gym induction, personalised fitness assessment, and a custom training programme all designed to help you start your journey with confidence. Our fully qualified team is here to support you every step of the way, combining expert guidance with state-of-the-art equipment to help you achieve real results in a friendly, motivating environment.

The Escape Health Club is the only facility in Kilkenny to feature both a purpose-built Cold Plunge Pool and an Outdoor Infinity Pool making it the perfect space to train, recover, and recharge. Discover why we're more than just a gym, we're your complete destination for fitness, wellness, and relaxation.

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