

# escape HEALTH CLUB & SPA

# PRICE LIST

## AVEDA BODY TREATMENTS

Rosemary Mint Awakening  
Body Treatment €105  
1hr 15min

Aroma Body Polish €85  
45min

## AVEDA FACIALS

Customised Facial €115  
1hr 15min

Pure Focus Facial €90  
50min

## AVEDA ENHANCEMENTS

Restorative Eye Therapy €30  
15min

\*Please note this is an add on treatment  
and cannot be booked on its own.

## AVEDA MASSAGE

Aroma Massage €110  
1hr 15mins

Deep Tissue €110  
Full Body Massage  
1hr

Back of the Body Massage €85  
45min

Indian Head Massage €85  
45min

## HOT STONE MASSAGE

Hot Stone €125  
Full Body Massage  
1hr 15mins

Hot Stone €85  
Back of the Body Massage  
45min

## TREATMENTS FOR HIM

Athletic Leg Massage €85  
45min

Escape for Him Package €125  
2hr 30min

## PREGNANCY TREATMENTS

Full Body €110  
Pregnancy Massage  
1hr 15min

Back, Neck & Shoulder €85  
Pregnancy Massage  
45min

## DAY SPA PACKAGE

Escape Dream €165  
3hr 05min

Escape Delight €125  
2hr 30min