

AFTERNOON TEA

Available from 3pm to 5.30pm

Gourmet Sandwiches

Chilled Cucumber & Cream Cheese on White Bread ¹ (Wheat), 7

Honey Roast Ham & Fig Relish in a Brioche Bun ¹ (Wheat), 3, 7

Traditional Smoked Irish Salmon & Horseradish Cream on Treacle Bread ¹ (Wheat), 3, 4, 7

Fresh Egg Mayonnaise & Chive in a Tortilla Wrap ¹ (Wheat), 3, 4, 7

Homemade Desserts

Opera Cake ¹ (Wheat), 3, 7, 8 (Hazelnuts) Fresh Berry Tartlet ¹ (Wheat), 3, 7

Chocolate Eclairs ¹ (Wheat), 3, 7 Lemon Drizzle Cake Slice ¹ (Wheat), 3, 7

Homemade Fruit Scone with Dairy Cream & Strawberry Preserve & Creamery Butter ¹ (Wheat), 3, 7

Served with Your Choice of Freshly Brewed Coffee or Tea

€21.00 Per Person / €28.00 Per Person With Glass of Prosecco

Champagne To Accompany Your Afternoon Tea

Bottle of Moët & Chandon ¹² €91.50 Masottina Prosecco Spumante Treviso Bottle ¹² €32.00

Snipe Bottle of Moët & Chandon ¹² €19.50 Masottina Prosecco Spumante Treviso Snipe ¹² €14.00

CHILDRENS AFTERNOON TEA

Available from 3pm to 5.30pm

Sandwich Selection

Honey Roasted Ham • Cream Cheese • Nutella Sandwich

Sweet Corner

Chilled Strawberry Milk • White Chocolate Lollipop Bon Bon.

Chocolate Dipped Madelines • Macaron, Chocolate Biscuit Cake

Choice of Hot Chocolate Topped with Marshmallows or Fresh Juice €13.50 per child

WHITE WINE

Plaisir Sauvignon Blanc, France ¹² Glass €6.90 Bottle €26.00

Cheval Chardonnay, France ¹² Glass €7.20 Bottle €27.00

Orsino Pinot Grigio IGT, Italy ¹² Glass €7.50 Bottle €29.00

RED WINE

Plaisir Merlot, France ¹² Glass €6.90 Bottle €26.00

Marcel Martin Cabernet Sauvignon, IGP Pays d'Oc, France ¹² Glass €7.20 Bottle €27.00

Palacios Remondo La Vendimia, Rioja, Spain ¹² Glass €7.50 Bottle €29.00



With escape Health Club & Spa

MENU



With escape Health Club & Spa

Newpark Hotel, Castlecomer Road,
Kilkenny, Ireland.

T: +353 56 7760500

E: events@newparkhotel.com



www.FlynnHotels.com

MORNING COFFEE

Available From 7am to 12pm

Selection of Pastries ^{1, 3, 6, 7, 8}	€2.50	Homemade Fruit Scones ^{1, 3, 7, 8}	€3.00
Freshly Made Pancake ^{1, Wheat, 3,7} Maple Syrup & Bacon or Chocolate Sauce & Dairy Cream or Berry Compote & Fresh Fruits	€8.00	Flahavans Porridge ^{1, 7, (Oats)}	€4.00

FRESHLY BAKED TREATS

Available from 9am to 10pm

Triple Chocolate Chip Cookies ^{1, 3, 6, 7, 8}	€2.50	Rocky Road Slice ^{1, Wheat, 3, 7, 8, Hazelnuts}	€3.00
Homemade Fruit Cake ^{1, Wheat, 3, 7, 8, Almonds}	€3.00	Lemon Drizzle Cake ^{1, Wheat, 3, 7}	€3.00
Homemade Gluten Free Muffin ^{3, 7, 8, 12} Triple Chocolate/Lemon/Blueberry	€2.50	Glazed Donuts ^{1, Wheat, 3, 7}	€3.00

SOUP

Available from 12 to 9pm

Chef's Soup of The Day ^{6, 7, 9, 12} Topped with Fresh Herbs, Served with Homemade Brown Bread	€6.00
--	--------------

SANDWICHES

Available 24hrs

Choose your own Sandwiches on White or Wholegrain Bread or Wraps ^{1, 3, 4, 6, 7, 8, 10,12} Chicken, Honey Roast Ham, Tuna, Cheddar Cheese, Egg Mayonnaise, Red Onion, Tomato, Mixed Leaves, Sweetcorn	Plain €7.00 Toasted €8.00 Wrap €9.00
Smoked Salmon ^{1, 3, 4, 6, 7, 8, 10} Ricotta, Cucumber, Red Chard & Dill, Homemade Treacle Bread.	€9.00
Your Choice of Condiments ^{1, 3, 5, 6, 7, 8, 9, 10} Dijon Mustard, English Mustard, French Mustard, Mayonnaise, Sweet Chilli Sauce, Pesto	

All our suppliers where possible are local & our beef served is of Irish origin, sourced from quality suppliers under the Féile Bia quality assurance scheme.
ALL DISHES MAY CONTAIN TRACES OF NUTS. ALLERGENS: 1.Cereals containing gluten 2.Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans
7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur dioxide and sulphites 13. Lupin 14. Molluscs

FROM THE KITCHEN

Available from 12 to 9pm

Teriyaki Glazed Chicken Wings ^{1, Wheat, 3, 5 6, 7, 8, 9, 11} Crunchy Salad, Blue Cheese Dressing	€9.00
Cod & Salmon Fishcakes ^{1, 3, 4, 6, 7, 10, 12} Riversfield Organic Leaves, Chablis & Chive Sauce	€12.00
Goats Cheese & Sun Dried Tomato Tartlet ^{1, Wheat, 3, 7} Raisin Relish, Organic Leaves.	€9.00
Free Range Pork & Foie Gras Terrine ^{3, 7, 10, 12} Homemade Piccalilli, Pickled Cucumber with Melba Toast	€9.00
Traditional Caesar Salad ^{1, Wheat, 3, 7, 9, 10, 11} Served with your choice of either, Pesto Chicken & Parma Ham or ^{1, 5, 8, 9} or King Prawns, Spring Onion & Chilli ^{1, 2, 5, 8, 9}	Chicken €14.00 Prawn €15.00
Chicken, Ham & Mushroom Vol Au Vent ^{1, Wheat, 3, 7, 9, 10, 12} White Wine & Chive Sauce, Puff Pastry Case, Seasonal Salad Garnish	€12.50
Super Food Salad Organic Leaves, Avocado Pine Nuts, Black Olives Quinoa, Pumpkin Seeds & A Champagne Vinaigrette	€12.00 add Chicken €14.00 add Coriander Prawns €15.00

ON THE SIDE

Homemade Fries ⁶	€4.00	Chef's Garden Side Salad ^{6, 10}	€4.00
Homemade Parmesan Fries ⁶	€5.00	House Slaw ^{6, 10}	€4.00

DESSERTS

Available from 12 to 10pm

Warm Apple & Cinnamon Crumble ^{1, 3, 6, 7, 8, 12} Crème Anglaise & Vanilla Ice Cream	€6.50
Italian Meringue ^{1, Wheat, 3, 7} Coconut Ice Cream, Malibu Soaked Sponge, Raspberry Sauce	€6.50
Homemade Cheesecake of the Day ^{1, 3, 7, 8, 12} Mixed Berry Compote	€6.50
Pistachio & White Chocolate Tart ^{1, 3, 6, 7, 8, 12} Raspberry Coulis and Fresh Cream.	€6.50
Chef's Selection of Homemade Ice Cream ^{1, 3, 7, 8} <i>Add a Scoop of Homemade Belgian Ice Cream to your Dessert</i> Chocolate, Vanilla, Strawberry, Salted Caramel	€6.50 €1.50

Sharing Plate of Irish Artisan Cheeses ^{1 Wheat, 7,10,12.} Cooleeny Camambert, Heggartys Cheddar, Mossfield Gouda, Corleggy Goats Cheese, Fig Relish, Grapes & Water Biscuits.	for two €15.00 for one €9.00
---	---

TEA AND COFFEE

Cappuccino ⁷	€3.50	Latte ⁷	€3.50
Americano	€3.00	Espresso	€3.50
Mocha ⁷	€3.20	Hot Chocolate ⁷	€2.80
Irish Coffee ⁷	€7.00	Baileys Coffee ⁷	€7.00
Liqueur Coffee ⁷	€7.00	Brandy Coffee	€7.00
Calypso Coffee ⁷	€7.00	Speciality Tea	€2.70
Traditional Tea	€2.80		